

Catholic Parishes of Aberystwyth and Lampeter

Plwyfi Catholig Aberystwyth a Llanbedr Pont Steffan

Welsh Martyrs Church

Holy Cross Church

Our Lady of Mount Carmel

Piercefield Lane, Aberystwyth, SY23 1RX

Victoria Street, Aberaeron, SA46 0DA

Pontfaen Road, Lampeter, SA48 7BS

Parish Priest | Offeiriad Plwyf Fr Matthew Roche-Saunders (matthew.roche-saunders@menevia.org)

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Online | Ar-lein www.pariahofaberystwyth.org.uk | www.catholicchurchlampeter.org

Facebook: **Ceredigion Catholics**

4th August 2024 | 18th Week in Ordinary Time | Year B | Weekday Year II

Date Dyddiad	Aberystwyth Welsh Martyrs Merthyron Cymru	Aberaeron Holy Cross Groes Sanctaidd	Lampeter Llanbed Our Lady of Mount Carmel Ein Harglwyddes o Fynydd Carmel
Sun 4th August 18 th Sunday in Ordinary Time Sul Cyffredin 18	Saturday 6pm Vigil Mass <i>People of the Parish</i> 8.30am Offeren yn Gymraeg Holy Mass in Welsh <i>Dennis & Marlene Fecci RIP</i> 10am Confessions 10.30am Holy Mass <i>Thanksgiving</i>	8.40am Confessions 9am Holy Mass <i>November Lists</i>	11am Holy Mass <i>Priest's intention</i>
Mon 5th August			
Tues 6th August Transfiguration of the Lord	6pm Holy Mass <i>Jenny Harrison RIP</i>	9.30am Adoration/Confessions 10.30am Holy Mass <i>Anna and Victor</i>	
Wed 7th August	9am Adoration/Confessions 10am Holy Mass <i>November Lists</i>		
Thurs 8th August St Dominic			6pm Adoration/Confessions 7pm Holy Mass <i>Charlotte and Conor Brown</i>
Fri 9th August St Teresa Benedicta of the Cross	5pm Adoration/Confessions 6pm Holy Mass <i>Kathleen King RIP</i> 6.40-8.15pm Men's Recollection		
Sat 10th August St Lawrence	9.30am Adoration/Confessions 10.30am Holy Mass <i>Priest's intention</i>		
Sun 11th August 19 th Sunday in Ordinary Time Sul Cyffredin 19	Saturday 6pm Vigil Mass <i>Jenny Harrison RIP</i> 8.30am Holy Mass <i>Priest's intention</i> 10am Confessions 10.30am Holy Mass <i>Priest's intention</i>	8.40am Confessions 9am Holy Mass <i>People of the Parish</i>	11am Holy Mass <i>Priest's intention</i>
Sunday Plate Collection Casgliad y Sul 21/7 £602.59 28/7 £712.20 (Aberystwyth/Aberaeron) £128.90 (Lampeter) <i>Diolch yn fawr am eich haelioni – many thanks for your generosity!</i>			

August in Year B The cycle of readings we hear on a Sunday follows a three-year plan. In Year A, we hear from St Matthew's Gospel – in Year C, from St Luke's. As we're currently in Year B we're listening to the Gospel of Mark on Sundays (the Gospel of John doesn't have its own year, but we hear it during Lent, Easter and Christmas especially). However, because Mark is the shortest of the three Gospels, our listening to it is supplemented by a five-week break at this same point every three years – and in these weeks we listen instead to Chapter 6 of John's Gospel, known as 'the Bread of Life discourse'. This sixth chapter is when John unpacks all his Eucharistic teaching, which as Catholics we take as the foundation of our faith that Jesus is present in the Eucharist, Body, Blood, Soul and Divinity, under what appears to be bread and wine. But the bread and wine is *transubstantiated* during the Mass, losing its identity and becoming God's own living presence among us. Why not read the whole chapter through in one go sometime this month, to follow Jesus's train of speaking?

Supply Many thanks to Fr Ross Patterson who is offering supply in Aberaeron and Lampeter this Sunday.

Assumption of Our Lady For those who need to take time off work or rearrange things, please find advance notice of the Mass times for the approaching holy day of obligation on August 15th:

- Wednesday August 14th
 - **7pm Vigil Mass in Lampeter**
- Thursday August 15th
 - **7.30am Mass in Aberystwyth**
 - **10.30am Mass in Aberaeron**
 - **7pm Mass in Aberystwyth** (minibus available at the usual stops)

Men's Recollection Our next men's night is on Friday 9th August. There is Mass as normal at 6pm, followed by a retreat evening from 6.40-8.15pm, and then fish and chips somewhere. All welcome. If you've been before, why not invite a friend!

Torchlight Procession 'For Peace in Our World' This event takes place at Our Lady of Peace Church in Newbridge-on-Wye at 7pm on Thursday 22nd August. Canon John Griffiths will be the preacher. All welcome.

Young Adults Event All young adults aged 18+ are welcome to stay after the 10.30am Mass in Aberystwyth on Sunday 25th August, for some food, friendship and formation. More details to follow.

Sacrament of Reconciliation (Lampeter) Fr Matt is available throughout the hour of Eucharistic adoration on a Thursday evening, in the sacristy – walk on to the sanctuary beside the altar and take the door on your left. In every honest confession we experience the joy and freedom of the Lord's mercy as he unburdens us. Thanks be to God!

Lampeter Counting Rota We are returning to the pre-pandemic arrangement of the Sunday collection being counted in pairs at the church after the 11am Sunday Mass. If you'd be willing to join a rota for counting the Sunday collection, please have a word with Fr Matt or email lampeter@menevia.org.

Pilgrims of Hope For the Jubilee Year 2025, a walking project has been created involving four pilgrimage paths that will create a 'sign of the cross' over our lands, ending in Nottingham Cathedral some time in Summer/Autumn 2025. You can find out more at www.pilgrimways.org.uk. Maybe some of us would like to join?

Cylch Catholig Mae'r Cylch Catholig yn grwp i Gatholigion Cymraeg a ffrindiau. Mae nhw wedi agor gwefan newydd yn ddiweddar i gyflwyno'r Gwaith maen nhw'n wneud – gallwch ddod o hyd iddo ar www.cylchcatholig.co.uk.

Cylch Catholig This is a group for Welsh-speaking Catholics and friends. The group has recently opened a new website to present the work they do – you can find it at www.cylchcatholig.co.uk.

Croeso | Welcome A warm word of welcome to you if you're visiting this area on holiday. You've chosen well! Please know that we pray for our visitors, for your time here to be an experience of the Lord's providence for you.

Finding Mass on holiday If you're heading away on holiday this summer and you're not sure where your nearest church will be for Sunday Mass, feel free to have a word with Fr Matt who'll be happy to help out.

Donations If you'd like to make a donation to the mission of the parish, you can do so via the parish website or using this QR code. Many thanks for your generosity.



Food Bank Donations Collection points are in each church porch. Recent needs include:

Aberystwyth: dry spaghetti, tinned ravioli, tinned meatballs, baked beans/sausages, deodorant.

Aberaeron: grateful for whatever you can give.

Lampeter: tins of meat, tinned tomatoes, tinned fruit, cereal, jam, tea, coffee, sugar, toothpaste, soap, shampoo, toilet rolls.

Diolch yn fawr iawn – thank you!