

**What is Laudato Si'?**

- *Laudato Si'* is the name given by Pope Francis to his 2015 encyclical on **care for our common home**, based on a hymn of praise to God for the created world around us, written by St Francis about 800 years ago. Pope Francis wants our praise of the Creator to stand as a living sign opposed to a 'throwaway culture'.
- The Laudato Si' Garden at Welsh Martyrs is run by a small group of volunteers to grow food that is donated to various outreach projects in Aberystwyth, particularly those run by St Michael's & St Paul's Café which provide meals to those in need.

**How could you help?**

Our Laudato Si' Garden has just been awarded a small diocesan grant from the Christmas Crib Fund – this will help us to increase our growing space, and provide a source of fresh organic food to those in need. However we can't grow or distribute produce without extra pairs of hands! Whatever time you have, we'd appreciate help to:

- plant, grow, harvest and help distribute produce
- create an edible forest garden and to weed & water it over the summer
- set up a space for another polytunnel
- plant around the pond area to help with biodiversity & protect wildlife

**Who to contact if you can help:** Nick H: 07455 431177 Sam WR: 07899 911483

**Bible Study Group** The Saint Ignatius Study Group meets online every Monday, Wednesday and Friday from 7am until about 8.20am. The basis of prayer, commentary and reflection is taken from Fr Mike Schmitz's *Bible in a Year* podcast. The month of June is spent exploring the prophet Jeremiah, the books of Judith, Lamentations and Obadiah, and the Book of Proverbs. Each of the group members take it in turn to present the material, and are often joined by their parish priest to answer questions. In the first week of July (1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup>), one of our parishioners **Caroline Maybury** will be the group's presenter, exploring the Gospel of St Matthew – and Fr Matt will provide reflection and prayer during the sessions.

An additional group meets beforehand from 5.45-7.00am, using the same Zoom link – and reflect on the writings of the Italian mystic, Servant of God Luisa Piccarreta. Her writings fall into a category known as 'private revelation', which means they are investigated by the Church before being recommended to the faithful. Please note that her writings have not yet been recognised by the authority of the Church.

You are warmly invited to attend as much or as little of this as you like. The Zoom link is <https://us02web.zoom.us/j/8676477085>.

**Calendar of Upcoming Events**

- 12-14 June: Catholic Parish Summit (*intention for your prayers*)
- 21-23 June: 'Quarantore', 40 Hours of Eucharistic Adoration in Welsh Martyrs Church
- 25 June: 11am Gazebo Club trip to the National Library
- 26 June: 6.15-7.45pm retreat evening for the women of the parish
- 29 June: 7pm Ploughman's and Quiz
- 1, 3, 5 July: 7am Online Bible study group (*please ask Caroline for more details*)
- 16 July: 6pm Patronal Feast of Our Lady of Mount Carmel
- 20 July: Laudato Si Garden Open Day
- 23 July: Gazebo Club trip to a local National Garden Scheme
- 24-28 July: Menevia and Cardiff Youth Council pilgrimage to St Davids (14-18 year olds)

**Catholic Parishes of Aberystwyth and Lampeter**

**Plwyfi Catholig Aberystwyth a Llanbedr Pont Steffan**

**Welsh Martyrs Church** Piercefield Lane, Aberystwyth, SY23 1RX  
**Holy Cross Church** Victoria Street, Aberaeron, SA46 0DA  
**Our Lady of Mount Carmel** Pontfaen Road, Lampeter, SA48 7BS

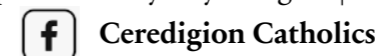
**Parish Priest | Offeiriad Plwyf** Fr Matthew Roche-Saunders | [matthew.roche-saunders@menevia.org](mailto:matthew.roche-saunders@menevia.org)

**Assistant Priest | Offeiriad Cynorthwyol** Fr Gregory Beckett | [greg.beckett@menevia.org](mailto:greg.beckett@menevia.org)

**Parish Office | Swyddfa Plwyf** 01970 617159 | 07481 250934 | [aberystwyth@menevia.org](mailto:aberystwyth@menevia.org) | [lampeter@menevia.org](mailto:lampeter@menevia.org)

**Safeguarding Representative | Cynrychiolydd Diogelu** Tess Truss | [tesstruss@gmail.com](mailto:tesstruss@gmail.com) | 07792 001608

**Online | Ar-lein** [www.parishofaberystwyth.org.uk](http://www.parishofaberystwyth.org.uk) | [www.catholicchurchlampeter.org](http://www.catholicchurchlampeter.org)



**Please note that Sunday Mass times will be changing on June 29<sup>th</sup>/30<sup>th</sup>, to the following:**

**Aberystwyth: Saturday 6pm | Sunday 8.30am | Sunday 10.30am** **Aberaeron: Sunday 9am** **Lampeter: Sunday 11am**

*9<sup>th</sup> June 2024 | 10<sup>th</sup> Week in Ordinary Time | Year B | Weekday Year II*

Times of Holy Mass and other events   Amserau'r Offeren a ddigwyddiadau eraill		Mass Intention   Bwriad
	WM Welsh Martyrs, Aberystwyth   HC Holy Cross, Aberaeron L Our Lady of Mount Carmel, Lampeter   UC Aberystwyth University Faith Space	
<b>Sun 9<sup>th</sup> June</b> 10 <sup>th</sup> Sunday in Ordinary Time Sul Cyffredin 10	Saturday 6pm Vigil Mass (WM) ( <i>Confessions 5.15pm</i> ) 8.30am Holy Mass (WM) 10am Holy Mass (WM) 10am Holy Mass (L) 12.30pm Holy Mass (HC) ( <i>Confessions 12.10pm</i> ) <b>6pm Msza Świąta po polsku   Mass in Polish (L)</b>	<i>Thanksgiving (BB)</i> <i>Priest's intention</i> <i>Rosemary Wright</i> <i>People of the Parish</i> <i>Private intention (SR)</i> <i>Priest's intention</i>
<b>Mon 10<sup>th</sup> June</b>	6pm Holy Mass (WM)	<i>Private intention (SR)</i>
<b>Tues 11<sup>th</sup> June</b> St Barnabas	<b>9.30am Eucharistic Adoration and Confessions</b> <b>10.30am Holy Mass (HC)</b> 6pm Holy Mass (WM)	<i>Jonathan and carers</i> <i>Jinca Joseph RIP</i>
<b>Wed 12<sup>th</sup> June</b>	9am Eucharistic Adoration and Confessions 10am Holy Mass (WM)	<i>November Lists</i>
<b>Thurs 13<sup>th</sup> June</b> St Anthony of Padua	<b>10am Holy Mass (WM)</b> 6pm Eucharistic Adoration and Confessions 7pm Holy Mass (L)	<i>Priest's intention</i> <i>Dennis and Marlene Fecci RIP</i>
<b>Fri 14<sup>th</sup> June</b>	5pm Eucharistic Adoration and Confessions 6pm Holy Mass (WM)	<i>Private intention (SR)</i>
<b>Sat 15<sup>th</sup> June</b> Memorial of Our Lady	9.30am Eucharistic Adoration and Confessions 10.30am Holy Mass (WM)	<i>November Lists</i>
<b>Sun 16<sup>th</sup> June</b> 11 <sup>th</sup> Sunday in Ordinary Time Sul Cyffredin 11	Saturday 6pm Vigil Mass (WM) ( <i>Confessions 5.15pm</i> ) 8.30am Holy Mass (WM) 10am Holy Mass (WM) 10am Holy Mass (L) 12.30pm Holy Mass (HC) ( <i>Confessions 12.10pm</i> )	<i>November Lists</i> <i>People of the Parish</i> <i>November Lists</i> <i>Vocations to the Priesthood</i> <i>Moirra James RIP</i>
Sunday Plate Collection   Casgliad y Sul: 2.6.2024 £639.54 (A) £138.10 (L) <i>Many thanks for your generosity, diolch yn fawr am eich haelioni!</i>		

## **General News | Newyddion Cyffredinol**

**Sunday Mass** A reminder that Sunday Mass times will be changing to the following **on the weekend of June 29<sup>th</sup>/30<sup>th</sup>**:

- Welsh Martyrs, Aberystwyth
  - Saturday 6pm (*with Confessions from 5.15pm*) | Sunday 8.30am (*first Sunday of the month in Welsh, dydd Sul cyntaf y mis yn Gymraeg*) | Sunday 10.30am (*with Confessions from 10am*)
- Holy Cross, Aberaeron
  - Sunday 9am (*with Confessions from 8.40am*)
- Our Lady of Mount Carmel, Lampeter
  - Sunday 11am

**New Lectionary** Many thanks to those who have sponsored the purchase of new lectionaries, which will be used during Mass throughout the UK from Advent onwards. The **Lectionary** is the book used by the readers at the lectern, containing the readings that we hear during Mass; the **Missal** is used by the priest at the altar, and contains the ‘Order of Mass’ (eg. the prayers and the responses, which you may recall had a new translation of its own in 2010). Only the Lectionary is changing this time. The order for these new books will be placed in the coming days.

**General Election** The Bishops’ Conference of England and Wales has published some resources that might help us prepare to vote in this year’s General Election, on July 4<sup>th</sup> – you can find them at [www.cbcew.org.uk/election24](http://www.cbcew.org.uk/election24).

**Llongyfarchiadau a Gweddïau** Our congratulations and prayers to Fr Jan Rossey OCSO of the Cistercian monastery on Caldey Island, and to Fr Brendan Thomas OSB of Belmont Abbey in Herefordshire, who have recently been elected Abbot of their communities. May the Lord prepare them for this ministry of shepherding.

**Catholic Parish Summit** This week Fr Matt and three delegates from the parish will be attending the Catholic Parish Summit in Harrogate, an ambitious plan to bring together parishes from around the UK for a time of prayer, formation and fellowship focused on how the parish can become a place of **missionary outreach**. There are so many blessings happening in our parishes at this time – and there is always a need to be *formed for mission* even more. Jesus said to Peter, ‘**put out into deep water**, and pay out your nets for a catch’ (Luke 5:4). Our parishes are to respond more and more to this missionary call – not to stay in our comfort zones, but always to be asking how we can reach souls with the Good News of Jesus Christ. Please pray for this conference, that it be a time of grace for the local Church in the UK.

**Fr Greg Beckett** turns 30 years old this coming Friday 14<sup>th</sup>! Penblwydd hapus iawn! Please keep him in your prayers.

**Youth Residential** organised by the Youth Council of Menevia and Cardiff: July 24<sup>th</sup>-28<sup>th</sup> in St Davids, Pembrokeshire, for £250 to cover everything – we’ll spend some days away walking, praying, eating and having fun. This event is for teenagers aged 14-18 from across our dioceses. If you’d like to go but don’t have the funds, please get in touch.

**Diocesan Pilgrimage** Please save the date of **September 7<sup>th</sup> 2024**, to join Archbishop Mark on a pilgrimage to St Davids in Pembrokeshire. The day will consist of a guided tour of St David’s Cathedral, a one-mile-walk to the St Non’s for Eucharistic Adoration and Benediction and a tour of the newly-renovated St Non’s Retreat Centre. It would be useful to gauge interest in this, to see whether we could put on some transport from the parish. Please get in touch.

## **News from Welsh Martyrs Church | Newyddion o Eglwys Merthyron Cymru**

**Kingdom Building Team (KBT)** We had an excellent evening getting to know the KBT’s work, with prayer, testimony, and time to complete a questionnaire to help identify one’s spiritual gifts. If you’d like to complete a questionnaire, please speak to Fr Matt who can connect you to a member of the team. Thanks to Chika for the wonderful Jollof rice!

**New Fundraising Team** There are a number of projects we’d like to work on in this parish in the next few years – you may recall some of these ideas from the Easter letter. To do this, it’s best to have ringfenced funds in the parish account that don’t get used up on regular parish expenses, which are always ongoing. There are a handful of parishioners who’d love to begin a Fundraising Team, to look at a fundraising strategy for the immediate and more distant future, and to

plan and host events that raise necessary funds for this work. Would you like to offer your gifts to be part of this Team? We’ll need ideas people, those who are good with money, those who are good with admin and social media, those who are willing to offer help at various events... If you’d like to put your name forward, please speak to Fr Matt.

**40 Hours of Eucharistic Adoration** This ancient devotion known as *Quarant’ore* will take place once again in Welsh Martyrs Church, this time from 6pm on Friday 21<sup>st</sup> June to 10am on Sunday 23<sup>rd</sup> June. Please consider signing up for a slot to keep watch with Our Lord (and for necessary security), using the sheet in Welsh Martyrs porch.

**Gazebo Club** This is a group for those aged 60+ in our parish. It’s been quiet in recent months but returns to a monthly gathering on the fourth Tuesday of each month. The next event is **Tuesday 25<sup>th</sup> June** at 11am in the National Library, for a tour and a presentation of the Llanbadarn Missal, a visit to the Canaletto in Aberystwyth Exhibition, and finishing with lunch in the library café. On **Tuesday 23<sup>rd</sup> July** we hope to make a visit to a local National Garden Scheme project – this was the event that kicked off this group back in September and gave it the name Gazebo Club! There won’t be an event in August. All 60+ welcome to these events. Please speak to Madeleine (07866 626519) for more details.

**Monthly Retreat Nights** The monthly recollection evenings for men have proven really popular, a great way of bringing the men of the parish together for prayer and fellowship. Thanks be to God, we hope to begin another similar event for the women of the parish – the first of these will take place on **Wednesday 26<sup>th</sup> June**. More details to follow!

**Ploughman’s and Quiz Night** Saturday 29<sup>th</sup> June at 7pm, £10 entrance to include a Ploughman’s supper. Get your quiz heads ready! All proceeds going to the fundraising activities of Aberystwyth parish.

## **News from Holy Cross | Newyddion o Eglwys y Groes Sanctaidd**

**Mike Pearson RIP** Many thanks to those who came in support of Gill and the family, as we said farewell in this life to our dear brother Mike and entrusted him to the loving mercy of God our Father. May he rest in peace.

**Weekday Mass time** We’re going to move the Thursday morning Eucharistic Adoration and Mass to **Tuesday morning** for the foreseeable future, at the same time. Apologies for any inconvenience this causes: thank you for your flexibility.

## **News from Our Lady of Mount Carmel | Newyddion o Eglwys Ein Harglwyddes o Fynydd Carmel**

**Kitchen** Many thanks to those who cleared out and cleaned the cupboards in Carmel kitchen! The interior and exterior of the property will need some TLC in the coming months and years. If you or people you know have expertise in the area of building and decorating, please mention this to Fr Matt to have a sense of who might be able to help.

**Hospitality Team** Would you be willing to volunteer to be part of a new hospitality team in the parish? This will involve planning and hosting activities to bring parishioners together, and to make new faces welcome among us. A first event to look ahead to could be the evening of **Tuesday 16<sup>th</sup> July** and the parish feast of Our Lady of Mount Carmel. We’ll begin with a festive Mass at 6pm and then continue the celebrations – we’ll need some volunteers to think what the party could look like!

**Tea and Coffee** Please feel welcome to come next door to the hall after Sunday Mass for tea and coffee and a chat.

**Donations** If you’d like to donate to the mission of Aberystwyth parish, you can do so via the parish website or using this QR code. Many thanks for your generosity.



**Food Bank Donations** Collection points are in each church porch. Recent needs include:

**Aberystwyth:** spaghetti rings, tinned baked beans and sausages, tuna, jam, oat milk, gluten-free foods.

**Aberaeron:** grateful for whatever you can give.

*Diolch yn fawr! Many thanks!*