

What is Laudato Si'?

- *Laudato Si'* is the name given by Pope Francis to his 2015 encyclical on **care for our common home**, based on a hymn of praise to God for the created world around us, written by St Francis about 800 years ago. Pope Francis wants our praise of the Creator to stand as a living sign opposed to a 'throwaway culture'.
- The Laudato Si' Garden at Welsh Martyrs is run by a small group of volunteers to grow food that is donated to various outreach projects in Aberystwyth, particularly those run by St Michael's & St Paul's Café which provide meals to those in need.

How could you help?

Our Laudato Si' Garden has just been awarded a small diocesan grant from the Christmas Crib Fund – this will help us to increase our growing space, and provide a source of fresh organic food to those in need. However we can't grow or distribute produce without extra pairs of hands! Even if you only have a couple of hours a week we would appreciate help to:

- plant, grow, harvest and help distribute produce
- create an edible forest garden and to weed & water it over the summer
- set up a space for another polytunnel
- plant around the pond area to help with biodiversity & protect wildlife

Who to contact if you can help

Nick H: 07455 431177
Sam WR: 07899 911483

Catholic Parishes of Aberystwyth and Lampeter
Plwyfi Catholig Aberystwyth a Llanbedr Pont Steffan

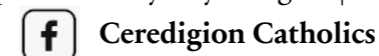
Welsh Martyrs Church **Holy Cross Church** **Our Lady of Mount Carmel**
Piercefield Lane, Aberystwyth, SY23 1RX Victoria Street, Aberaeron, SA46 0DA Pontfaen Road, Lampeter, SA48 7BS

Parish Priest | Offeiriad Plwyf Fr Matthew Roche-Saunders | matthew.roche-saunders@menevia.org
Assistant Priest | Offeiriad Cynorthwyol Fr Gregory Beckett | greg.beckett@menevia.org

Parish Office | Swyddfa Plwyf 01970 617159 | 07481 250934 | aberystwyth@menevia.org | lampeter@menevia.org

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Please note that Sunday Mass times will be changing on June 29th/30th, to the following:

Aberystwyth: Saturday 6pm | Sunday 8.30am | Sunday 10.30am Aberaeron: Sunday 9am Lampeter: Sunday 11am

2nd June 2024 | 9th Week in Ordinary Time | Year B | Weekday Year II

Times of Holy Mass and other events Amserau'r Offeren a ddigwyddiadau eraill WM Welsh Martyrs, Aberystwyth HC Holy Cross, Aberaeron L Our Lady of Mount Carmel, Lampeter UC Aberystwyth University Faith Space		Mass Intention Bwriad
Sun 2nd June The Body and Blood of Our Lord Jesus Christ Gŵyl Corff a Gwaed Crist <i>Corpus Christi</i>	Saturday 6pm Vigil Mass (WM) (<i>Confessions 5.15pm</i>) 8.30am Offeren yn Gymraeg Mass in Welsh (WM) 10am Holy Mass (WM) 10am Holy Mass (L) 12.30pm Holy Mass (HC) (<i>Confessions 12.10pm</i>) 4.30pm Msza Świąta po polsku Mass in Polish (WM)	<i>Dick Kidner</i> <i>People of the Parish</i> <i>Evelyn Watkin</i> <i>Fr Dominic McKenna RIP</i> <i>Priest's intention</i> <i>Priest's intention</i>
Mon 3rd June St Charles Lwanga and Companions	11am Requiem Mass (HC) 6pm Holy Mass (WM)	<i>Mike Pearson RIP</i> <i>Thanksgiving (DD)</i>
Tues 4th June	6pm Holy Mass (WM) <i>followed by Kingdom Building Team Event</i>	<i>Thanksgiving (DD)</i>
Wed 5th June St Boniface	<i>9am Eucharistic Adoration and Confessions</i> 10am Holy Mass (WM)	<i>Thanksgiving (Tasha and Doug)</i>
Thurs 6th June	<i>6pm Eucharistic Adoration and Confessions</i> 7pm Holy Mass (L) 6.15pm Men's Recollection (WM)	<i>November Lists</i>
Fri 7th June First Friday Sacred Heart of Jesus	9.30am Eucharistic Adoration and Confessions 10.30am Holy Mass (HC) <i>5pm Eucharistic Adoration and Confessions</i> 6pm Holy Mass (WM)	<i>Private intention</i> <i>Ken Glasby RIP</i>
Sat 8th June Immaculate Heart of Mary	<i>9.30am Eucharistic Adoration and Confessions</i> 10.30am Holy Mass (WM)	<i>Private intention</i>
Sun 9th June 10 th Sunday in Ordinary Time Sul Cyffredin 10	Saturday 6pm Vigil Mass (WM) (<i>Confessions 5.15pm</i>) 8.30am Holy Mass (WM) 10am Holy Mass (WM) 10am Holy Mass (L) 12.30pm Holy Mass (HC) (<i>Confessions 12.10pm</i>) 6pm Msza Świąta po polsku Mass in Polish (L)	<i>Thanksgiving (BB)</i> <i>Priest's intention</i> <i>Rosemary Wright</i> <i>People of the Parish</i> <i>Private intention</i> <i>Priest's intention</i>
Sunday Plate Collection Casgliad y Sul: 26.5.2024 £518.21 (A) £106.05 (L) <i>Many thanks, diolch yn fawr!</i>		

General News | Newyddion Cyffredinol

Corpus Christi We give thanks to God that He wanted to stay close to us in the mystery of the Holy Eucharist. We read in the Catechism of the Catholic Church: *The mode of Christ's presence under the Eucharistic species is unique... In the most blessed sacrament of the Eucharist 'the body and blood, together with the soul and divinity, of our Lord Jesus Christ and, therefore, the whole Christ is truly, really, and substantially contained.'* When we come into the presence of the Eucharist, whether inside the tabernacle, or exposed during Adoration, we come into the presence of Jesus. When we receive holy Communion, we invite Divine Life to dwell within us through the sacrament of Jesus's Body and Blood. What an awesome gift! How can we each respond with greater love, greater thanksgiving for such a truth?

Sacred Heart of Jesus On Friday we keep the beautiful feast of Our Lord's Sacred Heart, pierced on the cross, risen in glory, interceding for us before the Father. While not a holy day of obligation, it's a popular day for Mass – and so there will be a Vigil Mass in Lampeter on Thursday, a morning Mass in Aberaeron (which replaces the Mass on Thursday), and the usual Friday evening Mass in Aberystwyth. This feast day is classed as a 'solemnity', and so when one of these falls on a Friday, we're dispensed from our usual weekly fasting from meat. Enjoy!

Sunday Mass A reminder that Sunday Mass times will be changing to the following **on the weekend of June 29th/30th**:

- Welsh Martyrs, Aberystwyth
 - Saturday 6pm (*with Confessions from 5.15pm*) | Sunday 8.30am | Sunday 10.30am (*with Confessions from 10am*)
- Holy Cross, Aberaeron
 - Sunday 9am (*with Confessions from 8.40am*)
- Our Lady of Mount Carmel, Lampeter
 - Sunday 11am

The monthly Mass in Welsh (Offeren yn Gymraeg) will take place on the first Sunday of the month at the 8.30am Mass in Aberystwyth. Croeso i bawb – all welcome!

New Lectionary The translation of the scripture readings that we hear at Mass is changing in a few months' time, from the Jerusalem Bible to the English Standard Version. We are preparing to make an order for the new books we'll need across our three churches. Would you like to make a contribution towards these books, or even to sponsor one of them, perhaps to be dedicated in memory of a loved one? Please visit newlectionary.org to find out more, or get in touch with Fr Matt with any questions. Many thanks for your ongoing generosity. **The deadline for contributions is June 9th.**

General Election The Bishops' Conference of England and Wales has published some resources that might help us prepare to vote in this year's General Election, on July 4th – you can find them at www.cbcew.org.uk/election24.

SOS Chaplet You may recall a note in the newsletter a couple of years ago, advertising a prayer group begun in Swansea that now exists across the world. The idea is that members of the group all receive the same text message with the name of someone who is dying at that moment. Members then pray a Chaplet of Divine Mercy as soon as they're able, and the person receives a tremendous bouquet of prayer for their final moments in this life. This group now has their own website, with more details and opportunity sign up – visit www.soschaplet.com.

Youth Residential organised by the Youth Council of Menevia and Cardiff: July 24th-28th in St Davids, Pembrokeshire, for £250 to cover everything – we'll spend some days away walking, praying, eating and having fun. This event is for teenagers aged 14-18 from across our dioceses. If you'd like to go but don't have the funds, please get in touch.

Diocesan Pilgrimage Please save the date of **September 7th 2024**, to join Archbishop Mark on a pilgrimage to St Davids in Pembrokeshire. The day will consist of a guided tour of St David's Cathedral, a mile-walk to the St Non's for Eucharistic Adoration and Benediction and a tour of the newly-renovated St Non's Retreat Centre. It would be useful to gauge interest in this, to see whether we could put on some transport from the parish. Please get in touch.

News from Welsh Martyrs Church | Newyddion o Eglwys Merthyron Cymru

Men's Night All men welcome to join this Thursday 6th June for our monthly recollection evening, with a preached meditation, a brief talk on some aspect of the faith, a time of silence and adoration, and an opportunity for the Sacrament of Reconciliation. We start at Welsh Martyrs at 6.15pm, finished by 7.45pm, followed by food in a local pub.

Compost Idea A big *diolch yn fawr, thank you very much*, from the Laudato Si Garden team who are delighted with the response to the recent compost appeal. The demand is fairly constant, so please keep it coming – there are food bags available from Jacky, and then deposit your compostable food waste in the large green bin in Welsh Martyrs car park.

Kingdom Building Team Come along to discover the work of this new parish team, whose work involves praying and chatting with parishioners to discover their individual gifts from God. These are known as 'charisms'. We'll meet this Tuesday 4th June after the 6pm Mass – the location of the event will be announced at the end of the Mass – and you can expect a presentation, some testimony on what charisms look like when lived out in ordinary life, some prayer, and an opportunity (if you'd like) to chat to team members about what the Lord might be doing in your life.

Sacrament of Baptism *Llongyfarchiadau, congratulations* to Rayna, River and Aurelia, all of whom have received the water of life in this wonderful sacrament in recent days. We pray for them and for their families at this precious time.

Ploughman's and Quiz Night Saturday 29th June after 6pm Mass, more details to follow. Get your quiz heads ready!

Kneelers The pot to replace the kneelers at Welsh Martyrs stands at just over £8500! *Diolch o galon* – thank you so much! A new tester kneeler has arrived which will be fitted soon, and should be a closer colour match to the sanctuary.

News from Holy Cross | Newyddion o Eglwys y Groes Sanctaidd

Funeral Arrangements Please pray for the repose of the soul of **Mike Pearson**, whose Requiem Mass will take place at 11am this Monday 3rd June in Holy Cross Church. All are welcome to the funeral Mass, though his reception into church the night before, and his burial after the Mass, will both be private family ceremonies. *May his soul, and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.*

Garden Plans Thanks to those who gave their ideas, plants and especially their time to begin some work on the back garden at Holy Cross. Please speak to Tricia if you can donate some plants or if you'd like to make a contribution to the expenses involved in redoing the garden. The front garden will be worked on once the scaffolding has been removed.

News from Our Lady of Mount Carmel | Newyddion o Eglwys Ein Harglwyddes o Fynydd Carmel

Food Bank Would you be willing to volunteer with taking donations of food from our church to the local food bank? Please have a word with Fr Matt if so.

Tea and Coffee Please feel welcome to come next door to the hall after 10am Mass for tea and coffee and a chat.

Parish Feast Day Keep the evening of Tuesday 16th July free in your diaries – and let's have a celebration for our patronal feast of Our Lady of Mount Carmel! More details to follow.

Donations If you'd like to donate to the mission of Aberystwyth parish, you can do so via the parish website or using this QR code. Many thanks for your generosity.



Food Bank Donations Collection points are in each church porch. Recent needs include:

Aberystwyth: spaghetti rings, tinned baked beans and sausages, tuna, jam, oat milk, gluten-free foods.

Aberaeron: grateful for whatever you can give.

Diolch yn fawr! Many thanks!