

It would be so nice to fill this page with news and stories from your parish group! Maybe you could write about a retreat you've been to recently? Or share some testimony of faith? Or tell us about the group that you're part of?

Basai mor braf cael llenwi'r tudalen hwn â newyddion a hanesion eich grŵp plwyf chi. Efallai gallwch chi ysgrifennu am encil rydych chi wedi bod iddo yn ddiweddar? Neu rannu tystiolaeth ffydd? Neu ddweud rhywbeth am eich grŵp chi?

## Catholic Parishes of Aberystwyth and Lampeter Plwyfi Catholig Aberystwyth a Llanbedr Pont Steffan

**Welsh Martyrs Church**      **Holy Cross Church**      **Our Lady of Mount Carmel**  
Piercefield Lane, Aberystwyth, SY23 1RX      Victoria Street, Aberaeron, SA46 0DA      Pontfaen Road, Lampeter, SA48 7BS

**Parish Priest | Offeiriad Plwyf** Fr Matthew Roche-Saunders | [matthew.roche-saunders@menevia.org](mailto:matthew.roche-saunders@menevia.org)

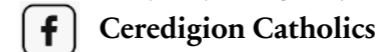
**Assistant Priest | Offeiriad Cynorthwyol** Fr Gregory Beckett | [greg.beckett@menevia.org](mailto:greg.beckett@menevia.org)

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Tess Truss | [tesstruss@gmail.com](mailto:tesstruss@gmail.com) | 07792 001608

**Online | Ar-lein** [www.parishofaberystwyth.org.uk](http://www.parishofaberystwyth.org.uk) | [www.catholicchurchlampeter.org](http://www.catholicchurchlampeter.org)



**Please note that Sunday Mass times will be changing on June 29<sup>th</sup>/30<sup>th</sup>, to the following:**

**Aberystwyth: Saturday 6pm    Sunday 8.30am    Sunday 10.30am**

**Aberaeron: Sunday 9am    Lampeter: Sunday 11am**

26<sup>th</sup> May 2024 | 8<sup>th</sup> Week in Ordinary Time | Year B | Weekday Year II

Times of Holy Mass and other events   Amserau'r Offeren a ddigwyddiadau eraill WM Welsh Martyrs, Aberystwyth   HC Holy Cross, Aberaeron L Our Lady of Mount Carmel, Lampeter   UC Aberystwyth University Faith Space		Mass Intention   Bwriad
<b>Sun 26<sup>th</sup> May</b> The Most Holy Trinity Sul y Drindod  <i>World Children's Day</i>	Saturday 6pm Vigil Mass (WM) ( <i>Confessions 5.15pm</i> ) 8.30am Holy Mass (WM) <b>10am Family Mass (WM)</b> 10am Holy Mass (L) 12.30pm Holy Mass (HC) ( <i>Confessions 12.10pm</i> ) <b>4.30pm May Procession of Our Lady (WM)</b> <b>6pm Msza Święta po polsku   Mass in Polish (L)</b>	<i>Mario Subacchi RIP</i> <i>Mr MC Emmanuel RIP</i> <i>Priest's intention</i> <i>People of the Parish</i> <i>November Lists</i>  <i>Priest's intention</i>
<b>Mon 27<sup>th</sup> May</b> St Augustine of Canterbury	<b>6am Holy Mass (WM)</b>	<i>November Lists</i>
<b>Tues 28<sup>th</sup> May</b>	<b>No Mass</b>	
<b>Wed 29<sup>th</sup> May</b> St Paul VI	<b>No Mass</b>	
<b>Thurs 30<sup>th</sup> May</b>	<b>No Mass</b>	
<b>Fri 31<sup>st</sup> May</b> Visitation of Our Lady	<i>5pm Eucharistic Adoration and Confessions</i> 6pm Holy Mass (WM)	<i>Tom and Mike Glasby (exams)</i>
<b>Sat 1<sup>st</sup> June   First Saturday</b> St Justin Martyr	<i>9.30am Eucharistic Adoration and Confessions</i> 10.30am Holy Mass (WM)	<i>Private intention</i>
<b>Sun 2<sup>nd</sup> June</b> The Body and Blood of Our Lord Jesus Christ Gŵyl Corff a Gwaed Crist  <i>Corpus Christi</i>	Saturday 6pm Vigil Mass (WM) ( <i>Confessions 5.15pm</i> ) <b>8.30am Offeren yn Gymraeg   Mass in Welsh (WM)</b> 10am Holy Mass (WM) 10am Holy Mass (L) 12.30pm Holy Mass (HC) ( <i>Confessions 12.10pm</i> ) <b>4.30pm Msza Święta po polsku   Mass in Polish (WM)</b>	<i>Dick Kidner</i> <i>People of the Parish</i> <i>Evelyn Watkin</i> <i>Fr Dominic McKenna RIP</i> <i>Priest's intention</i> <i>Priest's intention</i>
Sunday Plate Collection   Casgliad y Sul: 19.5.2024 £672.59 (A) £75.45 (L) <i>Many thanks for your generosity, diolch yn fawr am eich haelioni!</i>		

## General News | Newyddion Cyffredinol

**Trinity Sunday** This is the central mystery of the Christian faith: that God is One, and that God is Three – one God, in three Divine Persons. The Catechism of the Catholic Church reminds us, God’s “inmost Being as Holy Trinity is a mystery that is **inaccessible to reason alone** or even to Israel’s faith before the Incarnation of God’s Son and the sending of the Holy Spirit” (n.237). The challenge for us is not to ‘figure out’ the mystery of the Trinity (since we can’t!), but rather to be bathed in the Light of God by stepping inside this mystery more deeply. *Glory be to the Father... glory be to the Son... glory be to Holy Spirit... as it was in the beginning, is now and ever shall be, world without end. Amen.*

**Sunday Mass Times** Diolch yn fawr iawn – thank you very much. This process has been so, so helpful for me. I’ve been grateful and often moved by what you’ve shared in your written and spoken feedback. The final decision for the new Mass times is as follows (**these changes will take place on the weekend of June 29<sup>th</sup>/30<sup>th</sup>**):

- Welsh Martyrs, Aberystwyth
  - Saturday 6pm (*with Confessions from 5.15pm*)
  - Sunday 8.30am
  - Sunday 10.30am (*with Confessions from 10am*)
- Holy Cross, Aberaeron
  - Sunday 9am (*with Confessions from 8.40am*)
- Our Lady of Mount Carmel, Lampeter
  - Sunday 11am

The monthly Mass in Welsh (Offeren yn Gymraeg) will take place on the first Sunday of the month at the 8.30am Mass in Aberystwyth. Croeso i bawb – all welcome!

**Absence** Both priests are away this week for different reasons: if you need a priest in an emergency, please contact Canon Pius Augustine in Cardigan on 01239 612615. There’s Mass at 6am on Monday for early bank holiday risers!

**New Lectionary** The translation of the scripture readings that we hear at Mass is changing in a few months’ time, from the Jerusalem Bible to the English Standard Version. We are preparing to make an order for the new books we’ll need across our three churches. Would you like to make a contribution towards these books, or even to sponsor one of them, perhaps to be dedicated in memory of a loved one? Please visit [newlectionary.org](http://newlectionary.org) to find out more, or get in touch with Fr Matt with any questions. Many thanks for your ongoing generosity. **The deadline for contributions is June 9<sup>th</sup>.**

**General Election** All three of our church buildings will now fall in the new constituency, *Ceredigion Preseli*. We pray for the candidates who are seeking to be our representation in Westminster.

**SOS Chaplet** You may recall a note in the newsletter a couple of years ago, advertising a prayer group begun in Swansea that now exists across the world. The idea is that members of the group all receive the same text message with the name of someone who is dying at that moment. Members then pray a Chaplet of Divine Mercy as soon as they’re able, and the person receives a tremendous bouquet of prayer for their final moments in this life. This group now has their own website, with more details and opportunity sign up – visit [www.soschaplet.com](http://www.soschaplet.com).

**Say Something in Welsh** This group is running a deal at the moment for anyone who’d like to gain a bit of confidence using Welsh – you can sign up for 6 months for just £20, plus an extra 6 months for free if you make significant progress in the first half of the year! Use the QR code to the right of the message to sign up.



**Youth Residential** organised by the Youth Council of Menevia and Cardiff: July 24<sup>th</sup>-28<sup>th</sup> in St Davids, Pembrokeshire, for £250 to cover everything – we’ll spend some days away walking, praying, eating and having fun. This event is for teenagers aged 14-18 from across our dioceses. If you’d like to go but don’t have the funds, please get in touch.

## News from Welsh Martyrs Church | Newyddion o Eglwys Merthyron Cymru

**Marian Procession** After the beautiful procession in Lampeter on Thursday, we’ll honour Our Lady with a May procession in Aberystwyth this Sunday 26<sup>th</sup> May at 4.30pm. All welcome (and please pray for good weather!)

**Compost Idea** The Laudato Si garden project is in desperate need of more compost! **Could you help?** We’ll give you a roll of compostable bags, you fill them up with your veg peelings etc (please, only compostable items), and then you bring them to Welsh Martyrs to put in the green bin *designated for this purpose only!* We’d be so grateful. If you want to help but you attend the church in Aberaeron or Lampeter, please have a word with us to arrange a way to make it work.

**Kingdom Building Team** This team has grown organically in recent months in Aberystwyth parish, as we aim to help parishioners discover their God-given spiritual gifts – also called ‘charisms’. What are the charisms, anyway? And what do they look like in people’s lives? You’re warmly invited to a Kingdom Building evening on Tuesday 4<sup>th</sup> June to pray together, to discover more about what God might be wanting to do in your life, and to chat with others.

**Men’s Night** The next recollection will be Thursday 6<sup>th</sup> June at Welsh Martyrs, 6.15pm-7.45pm, followed by some food in a local pub. All men welcome!

**Kneelers** The pot to replace the kneelers at Welsh Martyrs stands at just over £8500! Diolch o galon – thank you so much! A new tester kneeler has arrived which will be fitted soon, and should be a closer colour match to the sanctuary.

## News from Holy Cross | Newyddion o Eglwys y Groes Sanctaidd

**Funeral Arrangements** Please pray for the repose of the soul of **Mike Pearson**, who died last week. His Requiem Mass will take place at 11am on Monday 3<sup>rd</sup> June in Holy Cross Church, to which all are welcome. His reception into church the night before, and his burial after the Mass, will both be private family ceremonies. *May his soul, and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.*

**Llongyfarchiadau** Congratulations to baby Samuel who was baptised in Holy Cross Church on Saturday. May the life of the Lord grow stronger inside him each day.

**Planting Party** After 12.30pm Mass this Sunday 26<sup>th</sup> we’ll have a get together with some refreshments and to plan what we might plant in Holy Cross garden. Come along with your ideas of which plants to add and how to renew the beds. Donations of plants and herbs gratefully received! Anyone interested in helping in any way, please see Tricia Price.

## News from Our Lady of Mount Carmel | Newyddion o Eglwys Ein Harglwyddes o Fynydd Carmel

**Food Bank** Would you be willing to volunteer with taking donations of food from our church to the local food bank? Please have a word with Fr Matt if so.

**Tea and Coffee** Please feel welcome to come next door to the hall after 10am Mass for tea and coffee and a chat.

**Parish Feast Day** Keep the evening of Tuesday 16<sup>th</sup> July free in your diaries – and let’s have a celebration for our patronal feast of Our Lady of Mount Carmel! More details to follow.

**Donations** If you’d like to donate to the mission of Aberystwyth parish, you can do so via the parish website or using this QR code. Many thanks for your generosity.



**Food Bank Donations** Collection points are in each church porch. Recent needs include:

**Aberystwyth:** porridge sachets, tinned tuna, tinned vegetables, tinned fruit, gluten-free foods.

**Aberaeron:** grateful for whatever you can give.

*Diolch yn fawr! Many thanks!*